EXAMPLE 1
Informal Behavioral Guidelines

BEHAVIOR GUIDELINE PLAN

Client: _____

Implementation date: _____ July 28, 2000, Revised 9-15-01 _____

Target Behavior:

1. _____ will exhibit zero (0) episodes of **NONCOMPLIANCE** *(failure to comply with staff request for generic and specific training, failure to comply with staff's request for safety)* a month for 12 consecutive months. [Projected completion date 7-2002]

   Goal: _____'s behavior can be distracting to others (potentially causing behaviors in other clients). In addition, his/her behavior may pose a danger to his/her safety and welfare. The goal is to assist him/her in the management of his/her appropriate behaviors.

Positive Reinforcement

Day Program

➤ If _____ is observed exhibiting positive behavior (including the absence of noncompliance), he/she should be praised verbally.

Residence

➤ If _____ arrives home with no behavior incident reports and continues to comply with staff throughout the evening (approx. 3:00 pm to 9:00 pm), he/she will earn a star to be put on a chart.

➤ When he/she earns seven (7) stars, he/she will have the opportunity to take an outing in the community (choices include, but are not limited to: movies, department stores, parks, etc.)

Intervention Strategy

1. If _____ exhibits **NonCompliance** *(failure to comply with staff request for generic and specific training, failure to comply with staff request for safety) staff should:*

PREVENTION	ANTECEDENT	INTERVENTION
Provide _____ with an explanation of the request that was made.	When he/she is asked to do or not to do something.	1. Explain why a request was made of him/her. ***Example:*** "_____, will you please wash your hands because dinner is ready."
Offer an activity to _____ to distract from the other behavior that is occurring.	When _____ witnesses another client exhibiting a problem behavior.	2. Make the request a second time.
When issuing instructions to _____ maintain positive body language.		3. Remind _____ of possible loss/delay of outing.
		4. Complete BIR.

EXAMPLE 2
Informal Behavioral Guidelines

BEHAVIOR INCENTIVE CONTRACT

Purpose:

The purpose of this agreement is to add incentives for _____ to control his/her behavior and to develop more appropriate ways to deal with staff and others.

Specifically, _____ will become angry or upset with staff and then "blow up" at those staff to the point of screaming and yelling throughout the house. Not only is this highly disruptive to the others in the home and the staff that work there, it is not healthy for _____ to allow himself/herself to become so upset. Staff and clients often find themselves "walking on eggshells" around _____ wondering who's next. After much discussion with _____, he/she admits that he/she does not like his/her reputation of causing these feelings in others. He/She too wants to improve relationships.

In determining what _____ truly finds rewarding, he/she expressed his/her love of going shopping, going on outings, and receiving gifts. As _____ has limited funds, he/she can't shop often. It was decided that _____ would earn a gift or special outing for the absence of target behaviors.

Target Behaviors:

Screaming at others, threatening staff to have them fired, being noncompliant with reasonable requests, and going throughout the house talking in a loud voice (screaming) about others.

Procedures:

1.   If _____ becomes upset with someone, he/she will talk to the person involved as quickly as possible to express his/her feelings before he/she becomes angry.

2.   _____ will limit his/her discussion about others to the person involved or the Director of the Department.

3.   If _____ does not like the way something is scheduled or done, he/she will express his/her dissatisfaction through discussion with the appropriate people.

Guidelines:

1.   _____ will earn an item of his/her choice for the absence of any target behaviors for two weeks.
2.   If _____ has an incident, the two-week period will begin the next day. That way, _____ will always have an opportunity to immediately begin earning his/her next item.

3.   If _____ wants to earn an item that costs well over ten dollars, he/she will need to extend the time between receiving his/her reinforcer. Time will be based on the cost of the item.

4.   _____ will let staff know what he/she wants to work for during the next time period.

5.   The guidelines can be changed at any time either _____ or others feel it is not working.

6.   This will be implemented in an informal manner (no documentation of earned vs. unearned) to allow _____ as much privacy as possible.

_____

_____